

QUESTION: How does bullying differ from other forms of conflict?

ANSWER:

Other Conflict/ Fighting *

Between friends/equals/peers
Spontaneous/occasional
Accidental/not planned
No serious, lasting harm
Equal emotional reaction
Not for domination/control
Often a sense of remorse
May try to solve problem

Bullying *

Not friends/imbalance of power
Repeated over time
Intentional
Physical/emotional harm
Unequal emotional reaction
Seeking control/possession
No remorse-blames target
No effort to solve problem

* Please remember that specifics will vary with each incident.