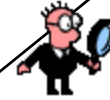
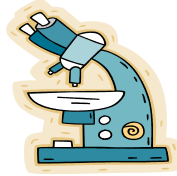


April 1, 2003

Volume 1, Issue 10

As the Toilet Turns



Possible microbes lurking here?! Be sure to clean well! See our feature series next door.



Spring Ahead

Don't forget to move your clocks ahead one hour on Saturday night April 5th. Officially, the time changes at 2:00 a.m. Sunday the 6th, but unless you're going to be up that late, Saturday will work fine! DON'T FORGET!



Page Two Morsels

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6. Paid Holidays This Month

More Movin' Is Goin' On!

Once again, more moves are taking place within the District. As of March 5, 2003, Lina Williams is now working with the night custodians at the High School. She is an old timer that has come back to our world of cleaning and fun.

A few years back, Lina was working at Rock Creek Elementary, and then took a leave of absence. Now, she has returned "home" to be with us again. We welcome her back to our world!

Informational Item on Ivan's Injury

As some of you may have heard, Ivan Gingrich broke his ankle last month. Currently, he is resting at home while his ankle heals. According to Angie, there is "no word yet on whether or not he will need surgery or when he will be back." She adds, "please welcome our substitute filling Ivan's void—Mungo Willson." We wish Ivan a quick and painless recovery so we can all hear his happy voice once again!

The Microscopic World and It's Impact On Cleaning - Part 1

This is the first in a series of articles

By: Paul McTiernan of Coastwide Laboratories

Microbes as defined in the dictionary are either animals or plants of microscopic size. When we use this word microbe we are referring to bacteria, fungi, viruses, spores and mold. Microbes must travel to a host to survive. Harmful microbes are called Pathogens. They can reproduce by Binary Fission (rapid splitting and duplicating of a cell.) Under favorable conditions, cells can divide every 30 to 120 minutes. One microbe can grow to one million overnight! Your job is to cancel their traveling arrangement by cleaning, disinfecting and using personal protective equipment and procedures. These microbes or germs usually cause some type of disease, hiding under the soil where the disinfectant can't reach them. We need to remove the soil in order to reach the germs. Cleaning in itself removes most germs as it removes the soil. Remember always pay special attention to the modes of transmission, personal protective equipment of the custodians and staff and discuss procedures among the custodial staff to stop the chain of infection.

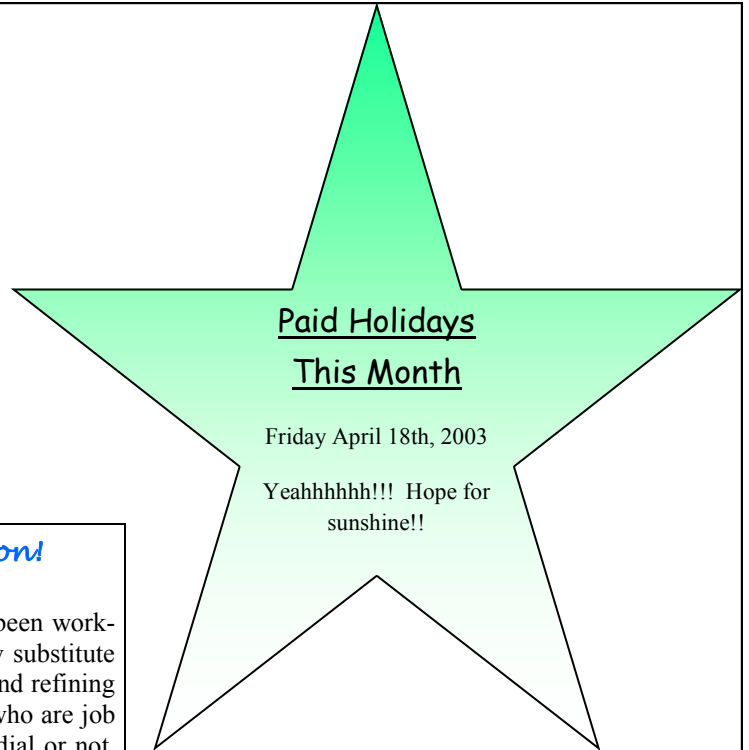
Next segment: Microbes have unique ways of getting around. We will talk about some of these as mentioned here in the next newsletter. Pathogen, reservoir, exit portal, mode of transmission, portal of entry, susceptible host.



As the Toilet Turns - April, 2003

Did You Know?

To clean mirrors, glass and chrome, you can use isopropyl alcohol, as purchased from the store, straight from the bottle? It's inexpensive, smells clean, and works great! Simply remove the cap and insert a spray bottle top. Presto! You're ready to clean. It also works wonders on ink marks that might be found on desktops or countertops.



Job Shadow Guidelines Premiering Soon!

Over the past few months, the Training Committee has been working on guidelines to be used by those who job shadow new substitute custodians. The committee is in the final stages of editing and refining these guidelines. The guidelines will be provided to those who are job shadowing. It will benefit all in the district, whether custodial or not, as these guidelines are implemented. The unity that will arise from the use of them will help new hires to all be on "the same page." The committee's goal in this is to avoid confusion, promote unity and guide new custodians so that they may be able to perform their duties in a standardized and simplified manner. We know all will benefit from this and ask all to give these guidelines their full support. Thank you!

Your Training Committee

Upcoming Meetings

Consensus meeting at Support Services on Tuesday, April 1st at 8:30 a.m.

Training Committee at the High School on Friday, April 4th at 12:00 p.m. in the Custodial Office.

Union meeting at the High School on Tuesday, April 8th at 7:00 p.m. in the Lecture Hall.

Thanks to all those involved in negotiations this year. We appreciate your hard work and the time spent doing so!!

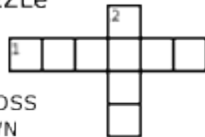
Lesson Two: Ballast Blues

Don't miss this month's supplementary installment of Jon E. Mopp and his misadventures. We hope you get a laugh or two out of the story. Enjoy!

Puzzles for the Simple-Minded

See if you can solve these puzzles.

CroSSwOrd puzZLe



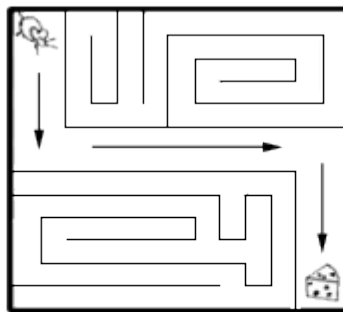
1. ACROSS
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WoRd SeArCH

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Help the mouse get the cheese!



Optical iLLusion

Stare at this dot



UNScramBLE TheSe WORDs

1. calednar
2. msword
3. brian
4. airplane
5. i am simple

CoNNEct ThE DOts



How manY worDs CAN You SPeLL with TheSe LetTeRs

ABCDEFGHIJKLMNPOQRSTUVWXYZ

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